

Dear Madam

Softgels

"A woman's mid-age re-vitalization."

DEAR MADAM softgels help post-menopausal women maintain and enjoy a healthy and high quality of life through a naturally difficult part of the aging process.

WHAT IS MENOPAUSE?

Menopause is the stage that all women encounter in their lives usually between the ages of 45 and 55. It is a time when menstruation first becomes irregular, and eventually stops. Menopause is the result of a progressive decline in the functioning of the ovaries with advancing age. Some follicles fail to rupture, ovulation doesn't occur, the ovaries produce less estrogen, thus affecting the hormonal regulation of other glands. Women undergoing menopause typically experience symptoms such as bloating, hot flashes, and headaches.

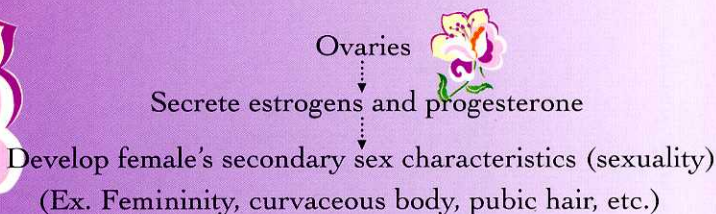
GETTING TO KNOW HORMONES

Hormones are important chemical substances synthesized and secreted by endocrine glands, and are an important part of internal communication, coordinating the activities of the organ systems. These chemical elements have a wide range of functions, from regulating milk secretion in the mammary glands to blood glucose levels. Hormones are powerful – just 1/3000th of a gram of hormone can be very influential. Therefore, hormones are deemed the chemical "key" to opening the lock of metabolism:

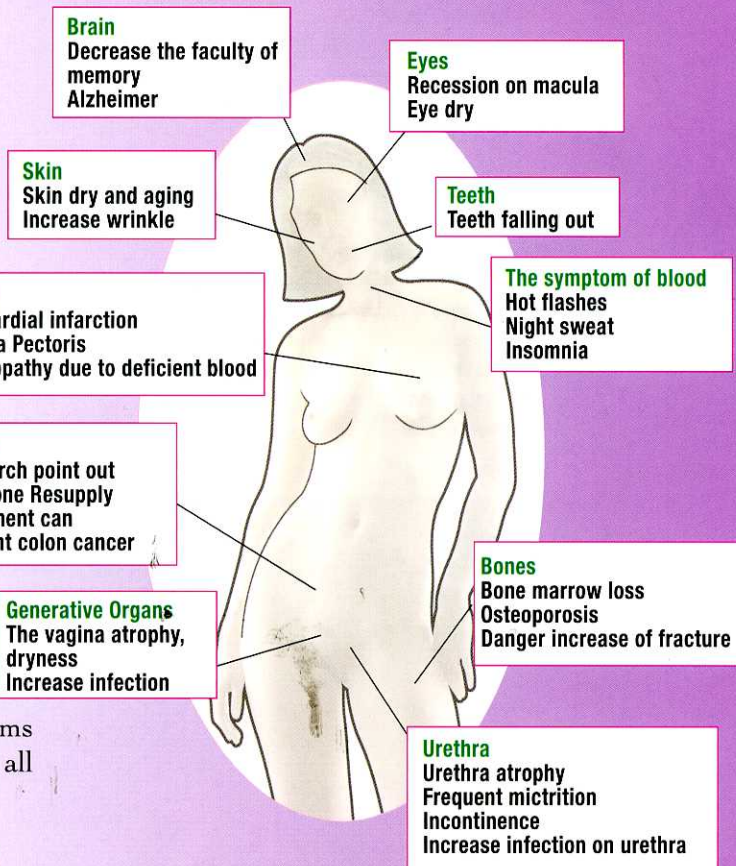
The effects of hormones stimulate the cells of the brain, intestines, muscles, organs and dermatological systems to work. Under normal conditions, after hormones go through their cycles, they are decomposed by cells or dissolved when entering the liver. They will either be void of body or produce new hormones.

THE EFFECT OF HORMONE

The pituitary gland and the ovaries release hormones such as follicle-stimulating hormones, estrogen and progesterone. These promote the body to grow and maturation of the ovum and sperm production, creating the sex hormones which makes the male and female body.



If the body lacks hormones or exhibits a disproportion of hormone secretion, an obstacle will occur in the body and mind, because hormones control affection and maintain sexual appetites, sentiments, feelings, and psychological balance. Research has discovered that with sufficient hormones, females feel more confident with features which help stabilize mood. A lot of climacteric females, who lack in these sufficient hormones, experience an imbalance of body and mind which leads to a middle age crisis, ranging from headaches to depression. Since people's emotions and behavior are all under the control of hormones. Problems such as mental disorders(ex. Melancholic, Schizophrenia) all relate to the imbalance of hormone.



IMPORTANCE OF REPLENISHING HORMONES

In Hormone Resupply Treatment (HRT), hormones are replenished from the outside-in and cause uncomfortable symptoms.

According to HRT research from the U.S., it has been discovered that taking estrogen and lutein for long periods of time, will cause illness. The rate of breast cancer increased 26%, epilepsy increased 41%, heart disease increased 29%, lung disease increased 113%, carcinoma of the rectum decreased 17%, thigh fracture decreased 34%. Therefore, more specialists now suggest taking natural hormone instead of undergoing HRT.

PHYTOESTROGEN

This is a natural composition. The structures and functions are similar to the female hormone (17 β estradiol) and its priority is to combine with β estrogen, with an efficiency to pivot the nervous system, blood vessels, bones and skin. It doesn't stimulate the breast or uterus. Hence, Phytoestrogen also has the same function of estrogen.

Main ingredients:

1. Soy Isoflavone Aglycone
2. Evening Primrose Oil
3. Cordyceps Sinensis Hyphas
4. Folic Acid
5. Wild Yam
6. Vitamin D₃
7. Vitamin E



SELF TEST FOR ESTROGEN

When females enter their menopausal stage, they can use several different ways to check out their level of estrogen. The first one is to go to the hospital or doctor to find out; the second is to recognize symptoms of lack of estrogen and to perform self estimation. The second one is simple and easy to perform. Generally you just need to understand the situation you are facing. In specific situations, you decide whether you need to see a doctor for treatment or not. This self detection method is described to the right:

Conditions	Score
Dry Skin, Itching	1
Unusual feeling	2
Skin feel like ants walking	1
Hot flash, Perspiration	4
Insomnia	2
Restlessness	2
Anxiety	1
Weariness, Weakness	1
Period disorder	2
Difficult sexual life	2
Aching back, waist and joints	2
Decrease in facility of memory	1
Headache	1
Palpitations, undulating blood pressure	1
Urinary discomfort	2
Obese figure	1
Total	Add the scores at above plus the age score (Side)

Age	Score
25 - 34	0
35 - 54	2
55 up	3

If total score is between 16 to 24, it means that your level of estrogen is dropping.
If total score is over 25, it means that the estrogen is under the normal level for a long period.

FUNCTIONS FOR:

- Hot flashes • Headaches • Bloating • Insomnia • Obliviousness • Feeling melancholy • Vitality and Memory
- Problems concentrating and focusing • Feeling overwhelmingly stressed • Incontinence, Decrease in sexual desire
- Decrease in Appetite • Osteoporosis • Sore waist, Aching back • Feeling fatigued • Dizziness, Palpitations

SPECIFICATION: Softgels, 350mg/gel

DOSAGE: 1-2 gel(s) before meal, 2 times a day

STORAGE: Tightly sealed in cool and shady place

THE BEST QUALITY



THE BEST CHOICE